



AIRMAN FOR LIFE

MONTHLY LIFELINE

1 Jun 2022

Easiest resume Format Ever; [The Checklist Resume for Veterans.](#)

If you are newly eligible for Original Medicare and do not enroll in [Medicare Part B](#), you may have to pay the Medicare Part B penalty.

[Virtual Reality therapy](#) helps treat PTSD and cognitive impairment.

At every VA medical center, a [Veterans Justice Outreach \(VJO\)](#) specialist is ready to provide outreach to Veterans in various settings, including jails and courts. The program is a central part of VA's strategy to break the cycle of Veteran incarceration and homelessness.

[Knowing if, when and how to share your story – or disclose a trauma – with others.](#)

[Toxic exposure](#) legislation that could benefit millions of veterans appears poised to become law later this month.

Changing a home might involve installing ramps or widening doorways. Find out if you're eligible for a [disability housing grant](#)—and how to apply.

Veterans can now file their request to [appeal to the Board online.](#)

[Qigong](#) has both psychological and physical components, and it involves the regulation of the mind, breath and body's movement and posture.