



# AIRMAN FOR LIFE

## MONTHLY LIFELINE

1 November 2020

Military retirees, those who receive disability or other benefits from the Department of Veteran Affairs, federal retirees and Social Security recipients will see a [1.3% increase](#) in their monthly checks for 2021.

[Women Veterans have their own unique health care needs](#), some combat related. VA has been, and continues to be, committed to making sure that Women Veterans receive the best available care for all of their specific health care needs

JUST 14 PERCENT OF THE MILITARY RETIREE HOUSEHOLDS WHO MUST START PAYING ENROLLMENT FEES FOR "[TRICARE SELECT](#)" HAVE SET UP THEIR PAYMENT PROCESS, TRICARE OFFICIALS SAID

The AARP [Job Board and other employment resources](#) listed here are free to all Veterans, military personnel and their families regardless if they are AARP members.

Veterans, Gold Star families will receive [free entrance to National Parks](#), refuges, other public lands

Monthly premiums will increase by 22 percent, to \$459 for those in [Tricare Young Adult Prime](#); and by 12 percent, to \$257, for those in Tricare Young Adult Select.

[Pay off your school debt quickly with this VA program](#)

[VA partners with OnStar to prevent Veteran suicides](#)